

Empowerment in the work with girls

International training in Bielefeld/Germany

October 12th until October 18th 2014

„Good girls go to heaven ...“

Twenty participants followed the call on "girls-empowerment" and came together to join an international training in Bielefeld (Germany) from October 12th until October 18th 2014. The training was directed to young women who are practicing youth work with girls as well as students (of social studies) who wanted to learn how to work with the tools of empowerment for girls.

Empowerment is a pedagogical approach to support girls in their self-esteem und self-determination. The intention of empowerment is to open up space for the potentials and vividness of girls.

The participants of this training were enabled to contribute to the empowerment of girls in their own country as well as in international projects. They exchanged knowledge about girls in different countries and learned how to work with different tools in groups of girls. The approach on empowerment was mainly realized by outdoor activities and body-oriented games. A manual about "empowerment in the work with girls" which was developed during an European network-project in 2012 was used during the training and provided as practical information after the training. The non- formal learning approach included personal experiences and attitudes of all participants.

The partners from Turkey, Austria, Poland, Romania and Germany could enlarge their capacities towards girls' empowerment and got encouraged to work as multipliers in their own country.